

# Mount Druitt LAC Gala Day

**Date:** Sunday 3rd December 2017  
**Location:** Hanna Reserve, Hyatts Rd Oakhurst  
**Start Date:** 9:00 am (First Call 8:45 am)  
**Cost:** \$10.00 per Athlete for Tiny Tots and Under 6's.  
\$15.00 per Athlete for four (4) events U7-Opens.  
**Closing Date:** 20<sup>th</sup> November 2017

Tiny Tots/Under 6 events: 50m, 150m Pack(TT), 300m Pack (U6), Obstacle Course and Throwing, all to receive a medal & certificate, Lanyards can be purchased for \$3.00.

Under 7's to Under 17's and Opens: Medals awarded for 1st, 2nd and 3rd place in each event (except for the trophy events), Lanyards can be purchased for \$3.00.

U/7	50m	100m	<u>500m</u>	Long Jump	Discus	Shotput
U/8	70m	<u>200m</u>	700m	60m Hurdles	Discus	Shotput
U/9	70m	200m	800m	High Jump	<u>Long Jump</u>	Shotput
U/10	100m	200m	1100m Walk	<u>60m Hurdles</u>	Long Jump	Discus
U/11	100m	<u>400m</u>	60m Hurdles	Long Jump	Shotput	Discus
U/12	100m	<u>200m</u>	1500m Walk	Long Jump	Shotput	Discus
U/13	<u>100m</u>	800m	80m Hurdles	High Jump	Shotput	Javelin
U/14	100m	400m	<u>1500m Walk</u>	200m Hurdles	Long Jump	Javelin
U/15	100m	400m	1500m Walk	<u>High Jump</u>	Discus	Javelin
U/17	100m	400m	<u>300m Hurdles</u>	High Jump	Shotput	Javelin

Open: 100m 200m 400m Long Jump Shotput (3kg) Discus (1kg) Triple Jump

\$15 for four (4) events plus \$2 for any additional events, maximum of six (6) events.

U/13-U/17 may enter up to two (2) Open events at \$2 per event (Cannot be events already offered to that age group)

**ENTRIES CLOSE 20<sup>th</sup> November 2017, NO LATE ENTRIES**

**Timed Finals**

**No Entries on the Day**

**No Refunds**

**No Protests (Just for Fun)**

**No going up in age groups except Open Events**

**All athletes must be registered with Little Athletics NSW or Athletics NSW and be in full Centre/Club uniform**

**A Trophy will be awarded to the winner of the feature events (Underlined)  
Medals awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place in each event (except for the trophy event)**

**Cheques/money orders made out to Mount Druitt LAC**

**Direct Debit:** Mount Druitt Little Athletics Centre Inc BSB 062055 Account 28000286  
Rego # as Reference, email receipt to [howiesimon80@yahoo.com.au](mailto:howiesimon80@yahoo.com.au)

**ENTRIES**

**POST:** Mount Druitt Little Athletics Centre  
PO Box 3170 Mount Druitt Village  
(WITH ENTRY FEE)

**Email:** [howiesimon80@yahoo.com.au](mailto:howiesimon80@yahoo.com.au)

**ENQUIRIES:** Phone Renee Young or Simon Howie 0451 061 145

**NO PHONE ENTRIES ACCEPTED**