

NEPEAN L.A.C. - Creek Rd, St Marys

THE WARREN MOSSMAN MEMORIAL SHIELD

On Sunday 11th November 2018

Entries payable by direct credit to:

Account Name: Nepean LAC

BSB: 062173

Acc:10282725

Please put WM and the athlete's name/s in the description. Email entries and payment details to camaloney@optusnet.com.au

ENTRIES CLOSE 1st November 2018

Name_____ Age_____ M/F___ Club_____

Circle the chosen event please.

Please provide mobile phone details if confirmation is required.

U/6	70m	200m	L/J	Shot		
U/7	70m	200m	500m	L/J	Shot	(U7 can't go up to U8 Discus)
U/8	100m	400m	700m	L/J	Shot	
U/9	200m	800m	60mH	L/J	Disc	
U/10	100m	400m	60mH	H/J	Disc	
U/11	200m	800m	1100W	L/J	Disc	
U/12	100m	400m	1500m	1500W	H/J	Disc
U/13	200m	800m	80mH	L/J	Disc	
U/14	100m	400m	1500m	H/J	Shot	
U/15	100m	200m	800m	90/100mH	L/J	Disc
U/16 –U/20	100m	200m	400m	L/J	Shot	Disc

U/13- U20 ONLY Choice of Open Kevin Stone 1500m WALK, Open 3000m RUN, Open Triple Jump Or Open Javelin (500g for Girls, 600g for Boys)

ENTRY FEE \$12.00 PER COMPETITOR (U6 –U12 COMPETITORS CAN ENTER A MAXIMUM 4 EVENTS)

U13 – U15 can enter a maximum of 4 events plus 1 OPEN event - Open events are an extra \$2.00 each.

U13 – U15 athletes must enter an open event to be eligible for the Warren Mossman Shield.

U/13 TO U/15 WHO WISH TO COMPETE IN OPEN EVENTS ONLY, MAY CHOOSE TWO OPEN EVENTS

U/13 TO U/15 BEST OVERALL ATHLETE WILL be awarded the WARREN MOSSMAN MEMORIAL SHIELD

A Trophy will be awarded to the winner of the feature event

Medals awarded to 1st, 2nd and 3rd place getters in each event (except for the trophy event)

IF AN EVENT IS NOT CATERED FOR IN AN AGE GROUP THE ATHLETE MAY GO UP ONE AGE GROUP AS LONG AS LAANSW SPECIFICATIONS DO NOT CHANGE.

U/15'S CANNOT GO UP INTO THE U/16 to U/20 AGE GROUP AT ALL

POST ENTRIES TO:

MRS CHERYL MALONEY 19 TUNA PL, ST CLAIR 2759

ENQUIRIES: PHONE KAY SWANN 96286844 OR 0414652023

ENQUIRIES: text CHERYL MALONEY 0428449786

NO PHONE ENTRIES ACCEPTED