



Week 20 – SAT 23 FEB 2019 - 8:00am start

## MULTI-EVENT COMPETITION

Athletes are encouraged to compete in all events to accumulate points based upon individual times and distances. Athletes will be placed across their age group

6B & Gs	50m	100m	300m	Long jump	Shot Put	Skill Drills
7 GIRLS	50m	100m	500m	Discus	Shot Put	Long Jump LJ2
7 BOYS	50m	100m	500m	Discus	Shot Put	Long Jump LJ2
8 GIRLS	70m	200m	700m	Discus D1	Shot Put	Long Jump
8 BOYS	70m	200m	700m	Discus	Shot Put SP1	Long Jump
9 GIRLS	60m Hdls	200m	800m	Discus	Shot Put	Long Jump LJ4
9 BOYS	60m Hdls	200m	800m	Discus	Shot Put	Long Jump
10 GIRLS	60m Hdls	200m	800m	Discus	Shot Put	Long Jump LJ1
10 BOYS	60m Hdls	200m	800m	Discus	Shot Put	Long Jump LJ1
11 GIRLS	60m Hdls	200m	800m	Discus	Shot Put SP2	Long Jump
11 BOYS	60m Hdls	200m	800m	Discus	Shot Put SP3	Long Jump
12 GIRLS	60m Hdls	200m	800m	Discus	Shot Put	Long Jump LJ3
12 BOYS	60m Hdls	200m	800m	Discus D3	Shot Put	Long Jump
13 GIRLS	80m Hdls	200m	800m	Discus	Shot Put	Long Jump High Jump
13 BOYS	80m Hdls	200m	800m	Discus	Shot Put	Long Jump High Jump
14 GIRLS	80m Hdls	200m	800m	Discus	Shot Put	Long Jump High Jump
14 BOYS	90m Hdls	200m	800m	Discus	Shot Put	Long Jump High Jump
15 GIRLS	90m Hdls	200m	800m	Discus	Shot Put	Long Jump High Jump HJ2
15 BOYS	100m Hdls	200m	800m	Discus	Shot Put	Long Jump High Jump HJ3
17 GIRLS	100m Hdls	200m	800m	Discus D2	Shot Put	Long Jump High Jump
17 BOYS	110m Hdls	200m	800m	Discus	Shot Put	Long Jump High Jump HJ3

\*\*Event Highlighted is the first event for that age group. All other events will progress in any order as determined by the Age Manager.